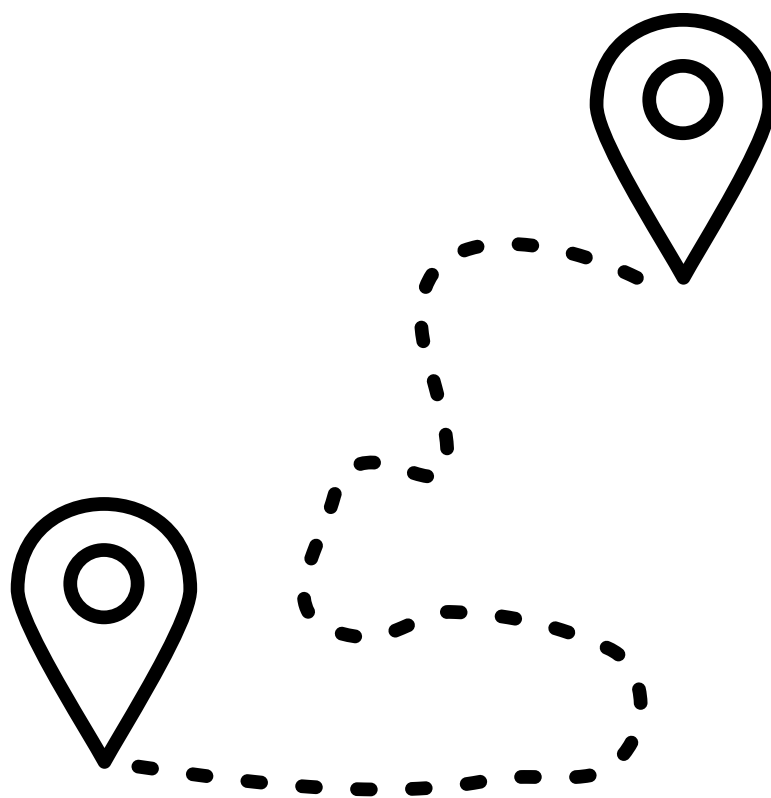
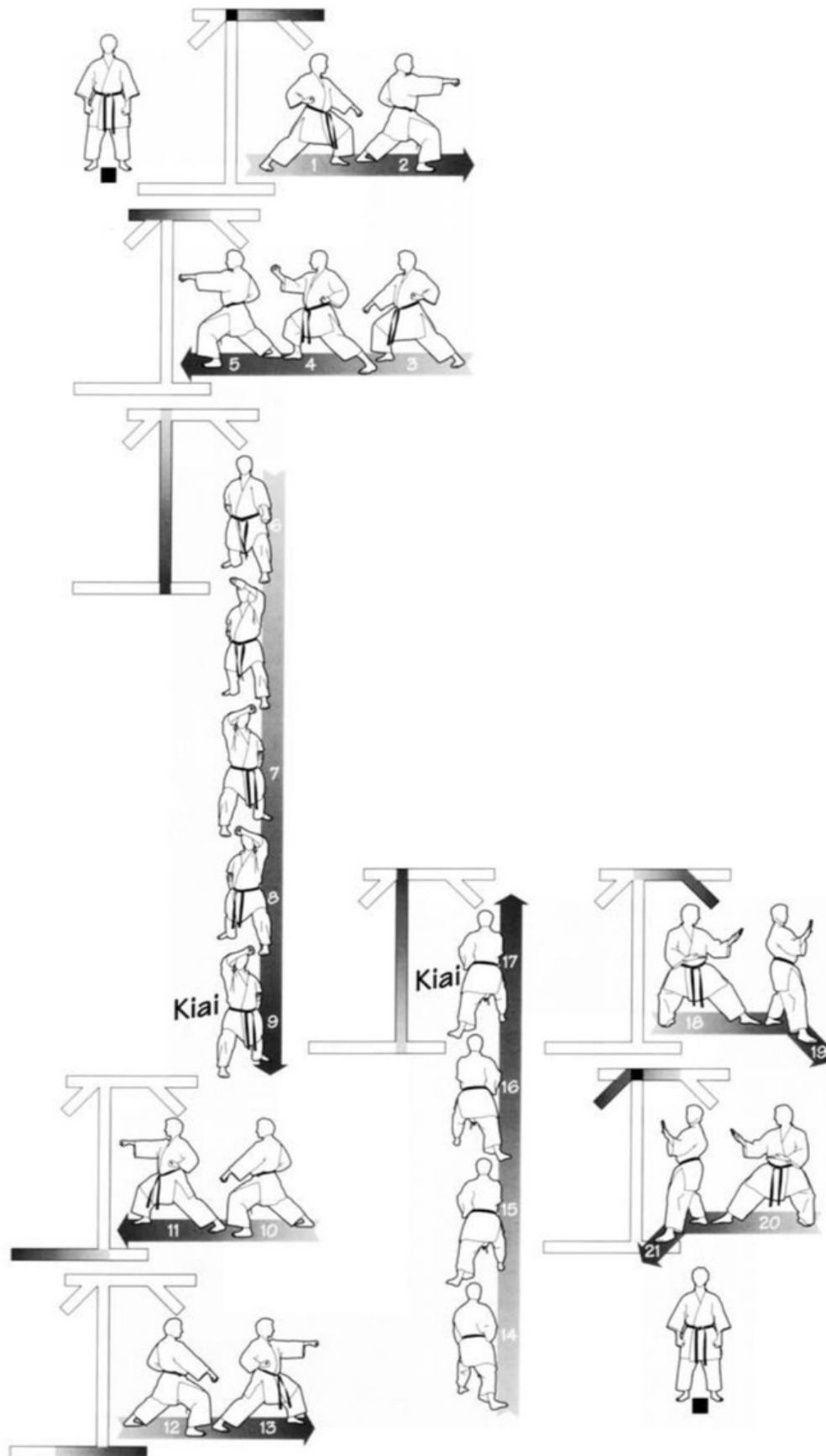


# KATA'S ROUTE KAARTEN

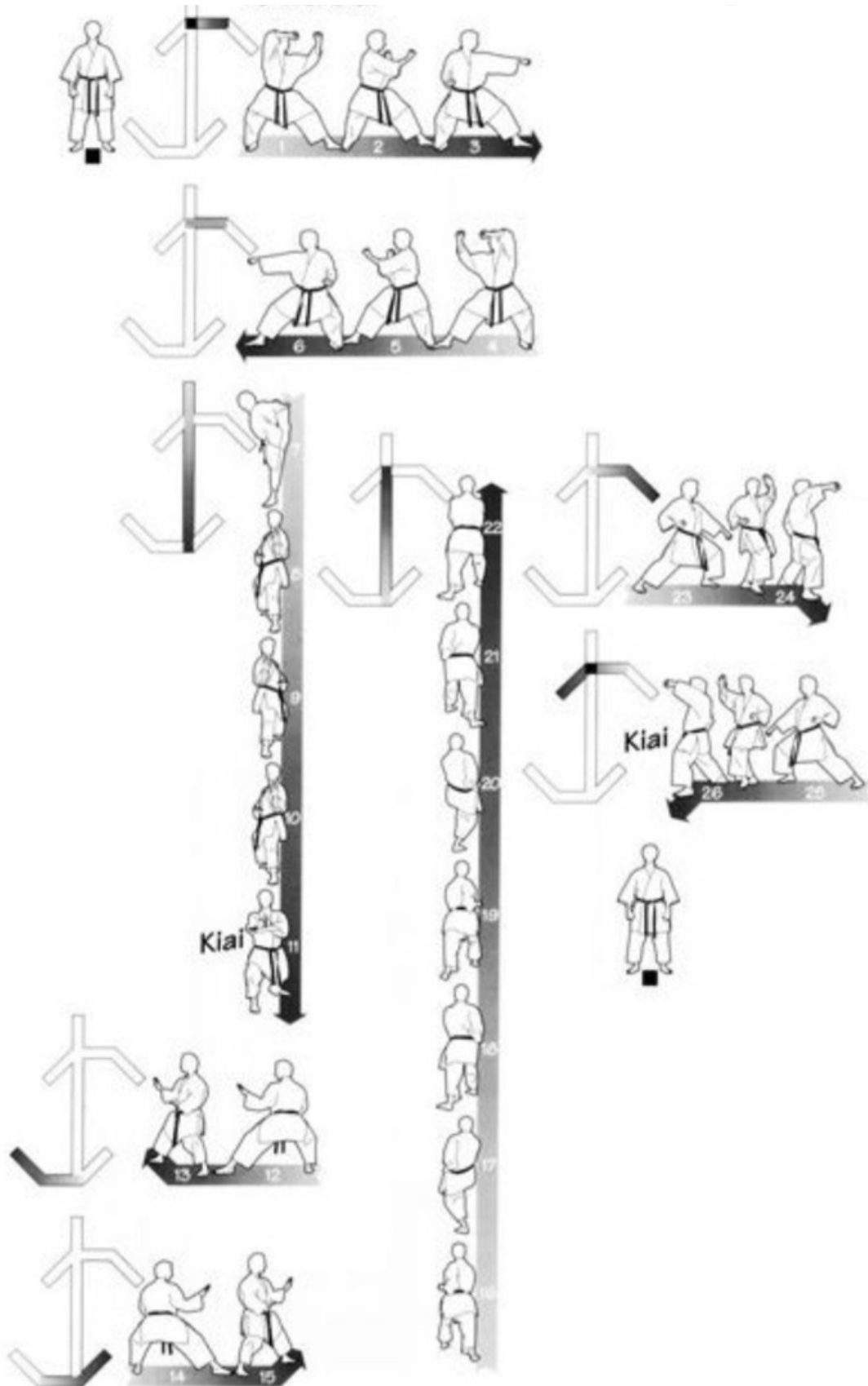


 **BUDO TOP**  
NEDERLAND

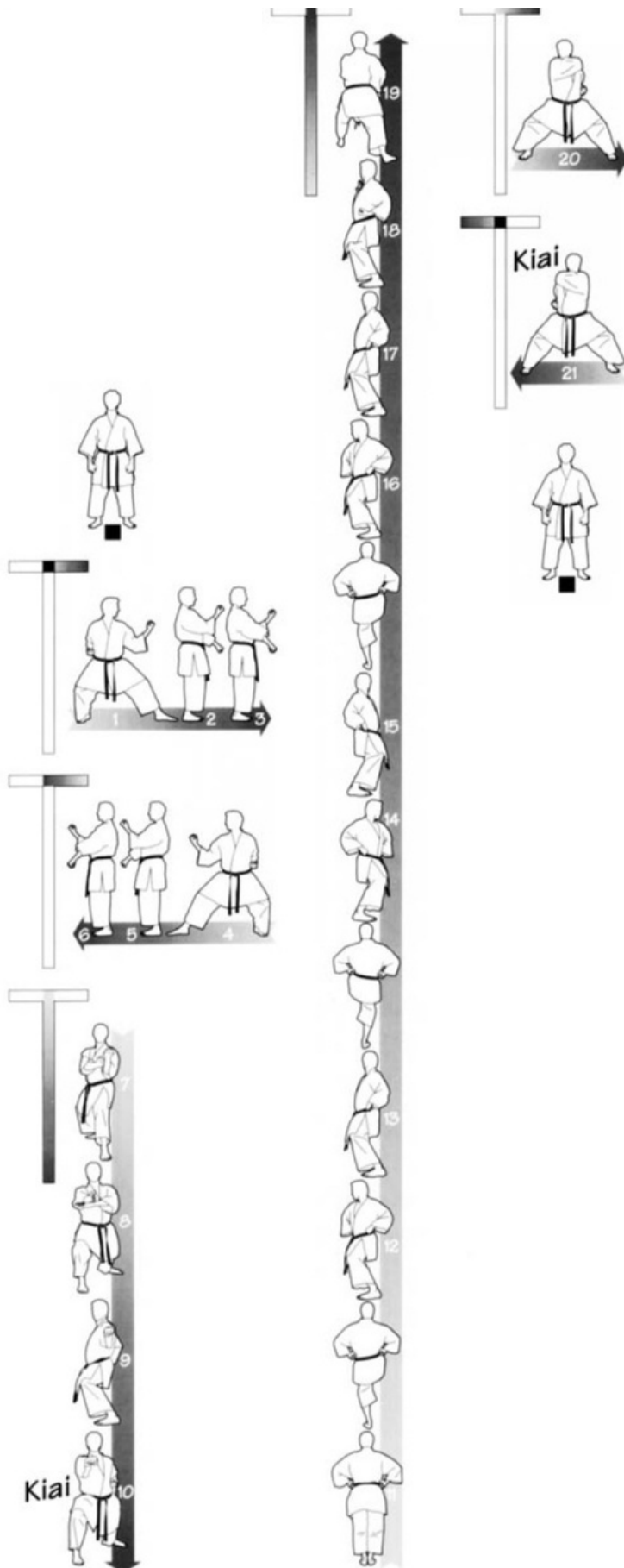
# HEIAN SHODAN



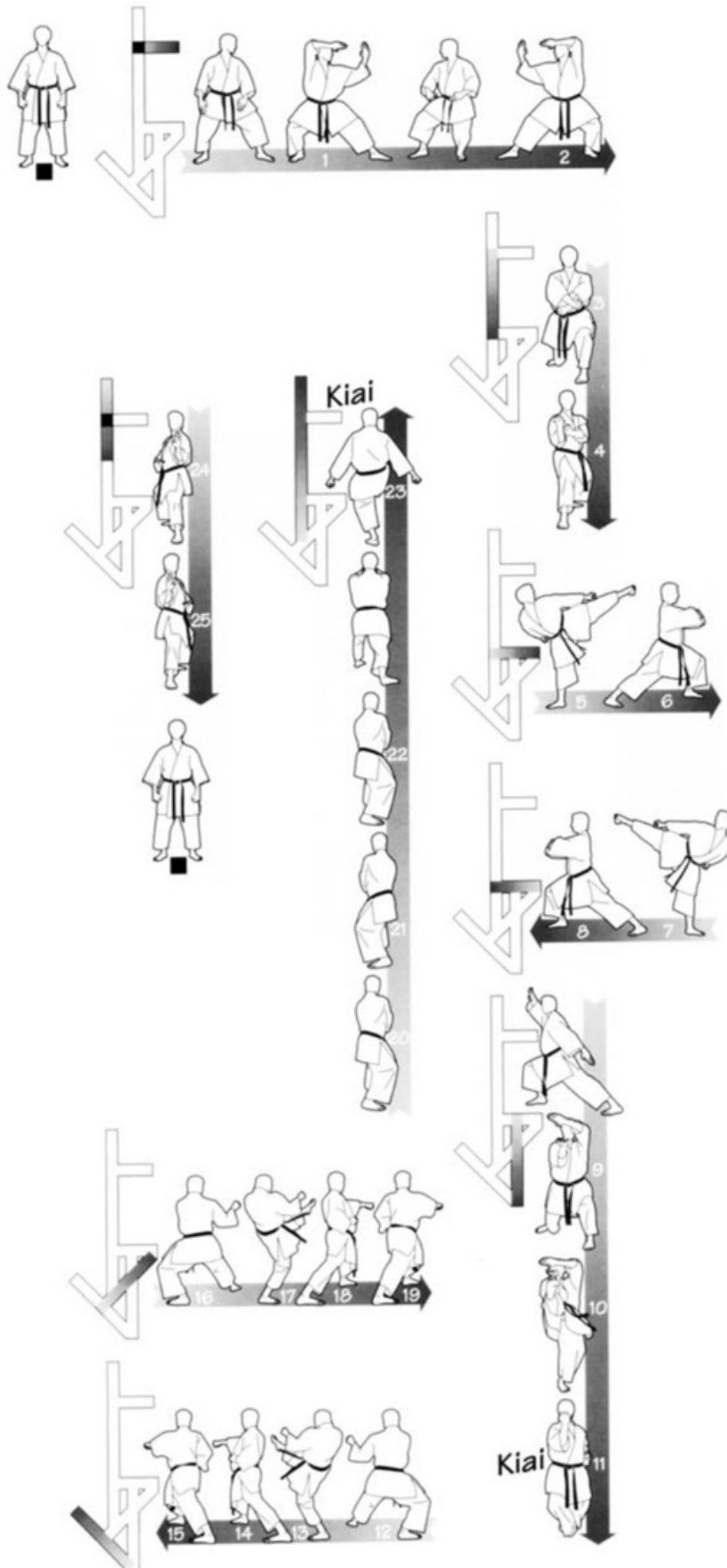
# HEIAN NIDAN



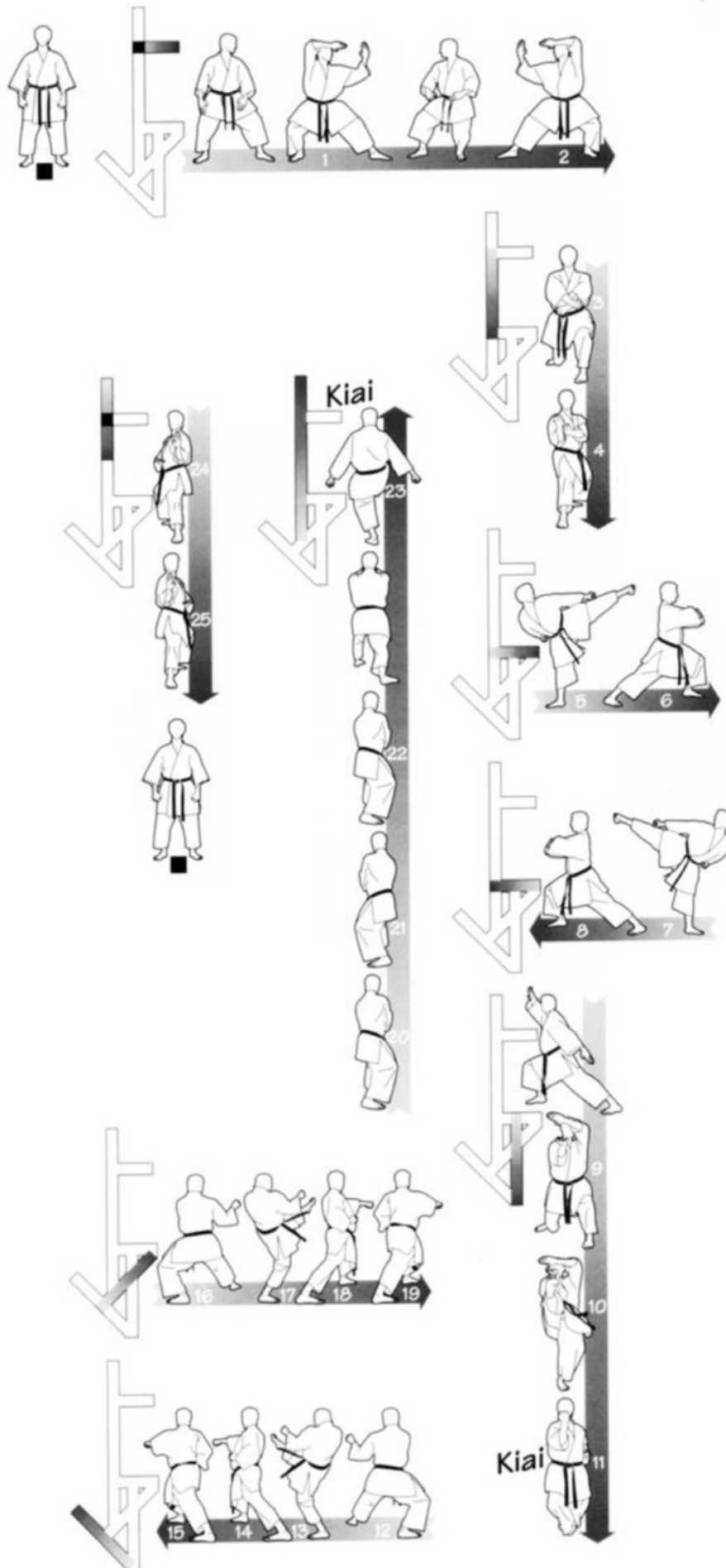
# HEIAN SANDAN



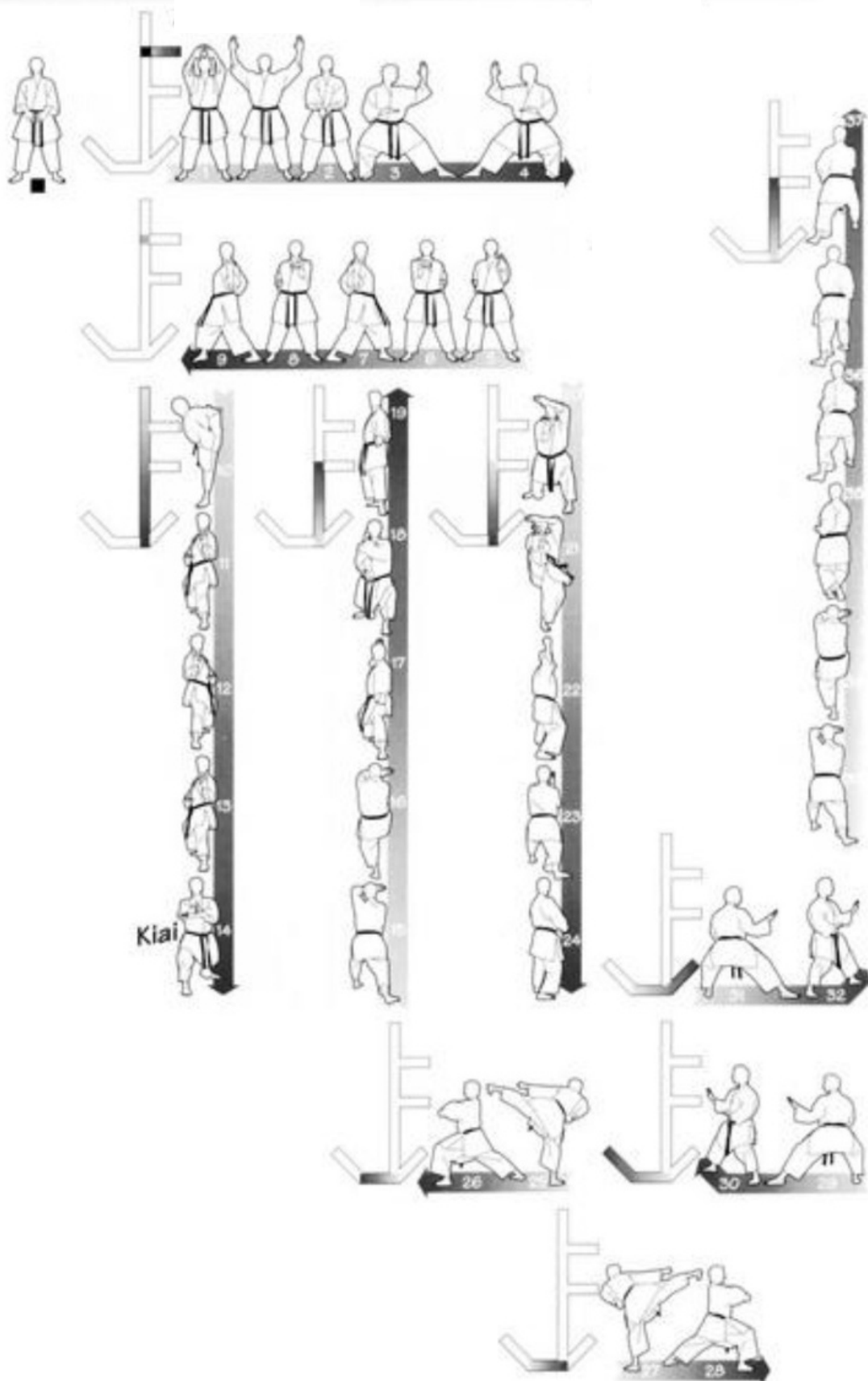
# HEIAN YONDAN



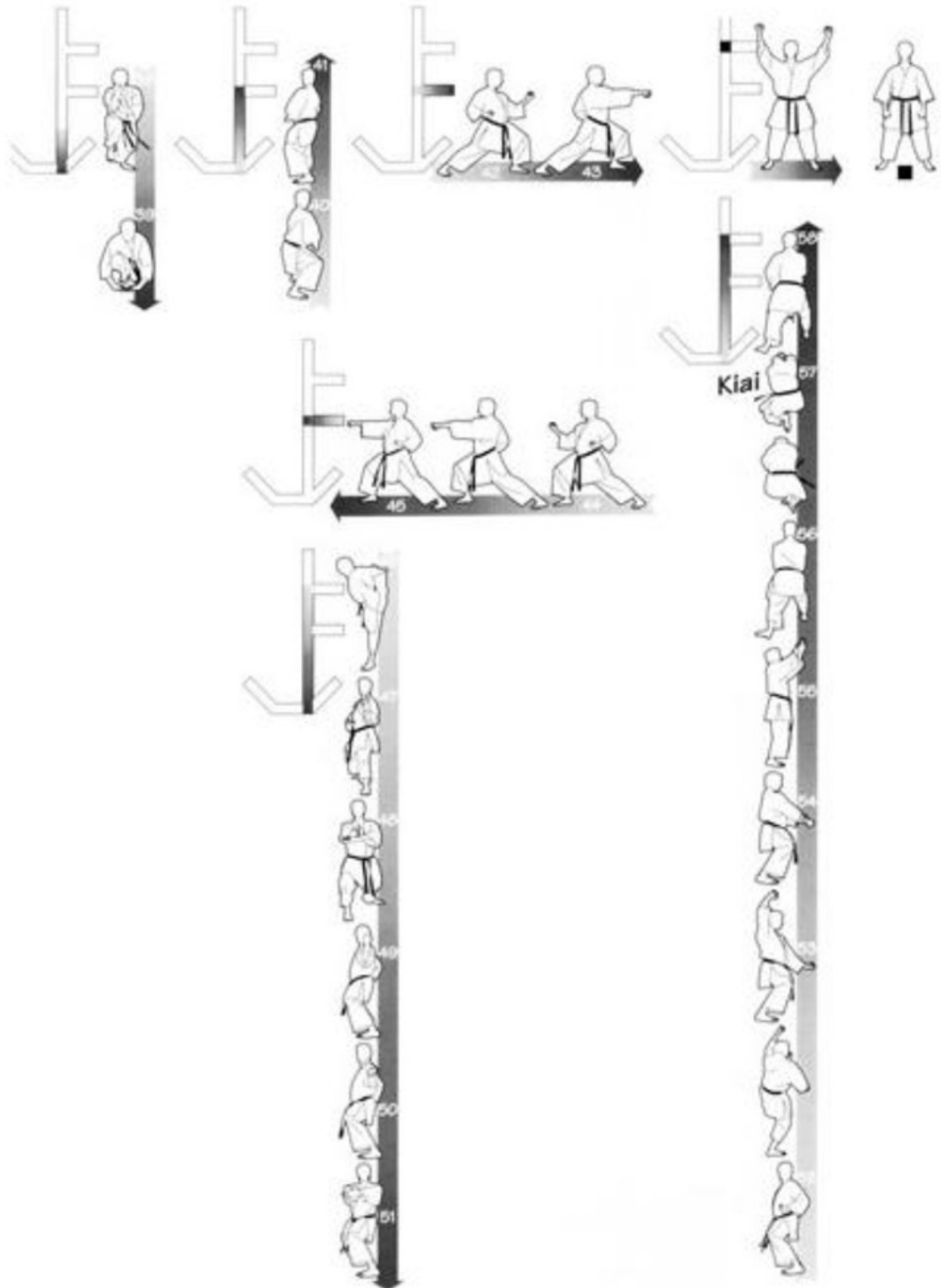
# HEIAN GODAN



# KANKU DAI DEEL 1



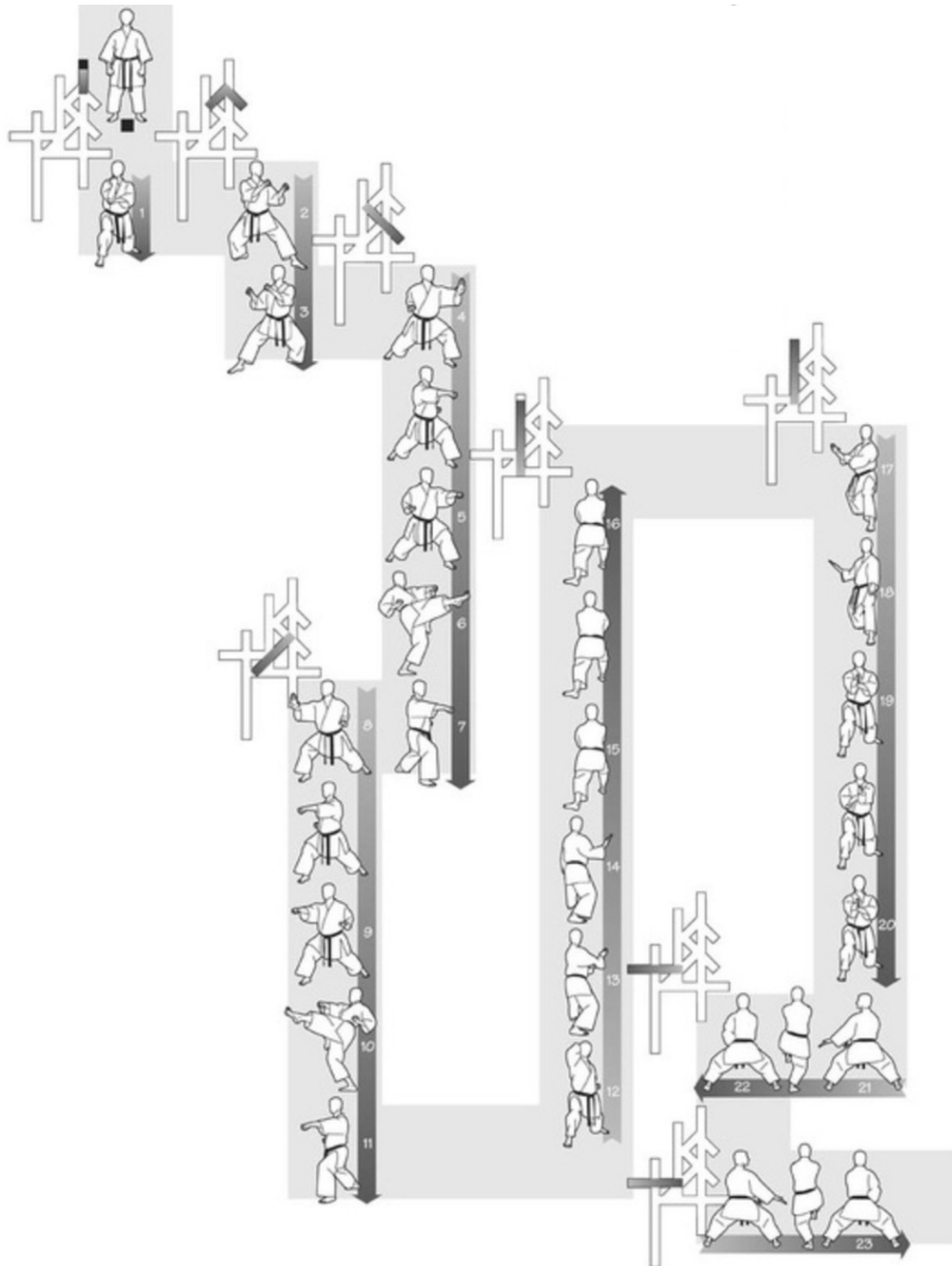
# KANKU DAI DEEL 2





# GOJU SHI HO SHO

DEEL 1



# GOJU SHI HO SHO

DEEL 2

